

What does P.S.H.E. look like at Archbishop Hutton's?

Our P.S.H.E. scheme of work aims to develop skills and attributes such as resilience, self-esteem, risk-management, teamworking and critical thinking in the context of three core themes: health and wellbeing, relationships and living in the wider world (including economic wellbeing and aspects of careers education).

Involvement in programmes such as Right Start pedestrian safety and NSPCC Speak Out Stay Safe enhance the health and wellbeing part of PSHE. The relationships and health aspects of PSHE education will be compulsory in all schools from September 2020

Why is P.S.H.E. an important part of our curriculum?

Personal Social & Health Education, known as **PSHE**, is a school subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life and work. Well-delivered PSHE programmes have an impact on both academic and non-academic outcomes for pupils, particularly the most vulnerable and disadvantaged. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. .



Archbishop Hutton's
Primary School

What do our children think about PSHE at Archbishop Hutton's?

'Learning about relationships helps us to make sure we have happy lives and get on with people.'

'Learning how to fill your bucket with happiness and good thoughts helps us to be happy and have good thoughts too.'

'Right Start shows us how to cross the road safely. We can practise this at home then we can stay safe.'

What is our vision for P.S.H.E. at Archbishop Hutton's?

During Key Stages 1 and 2, PSHE education offers both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. P.S.H.E. education helps pupils to cope with the changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.