**Healthy Snack Guidance**

**We allow children to have a healthy snack at morning playtime. Children in EYFS and Key Stage 1 (Class 1 and Class 2) are provided with a piece of fruit or vegetable. Parents of children in Key Stage 2 (Class 3 and Class 4) have the option to provide their child with a healthy snack.**

**There has been some confusion about what constitutes a healthy snack. After looking at NHS advice and understanding the need for clarity, we have decided that in our school, a healthy snack is a piece of fruit or vegetable.**

**In order to reduce waste and costs, we recommend Key Stage 2 children bring their healthy snacks to school in a reusable plastic container. All fruit and vegetable waste will be composted on school grounds.**

**We would appreciate parents following this guidance from Monday 20th January.**