

NEWSLETTER

13/12/19

Attendance and Punctuality

Last week's whole school attendance was 96.6% - FANTASTIC!

CONGRATULATIONS to Class 4 who were last week's AWESOME ATTENDERS with 99.3% attendance!

CONGRATULATIONS to Class 2 who were last week's PUNCTUALITY SUPERSTARS!

	Congratulations to our Learners of the Week for Great home learning		
Class I	Owen Price	Archie Alty	
Class 2	Jessica Richards	Natalia Noon	
Class 3	Laura Nixon	Faith Hamling	
Class 4	Maria Bradley	Harry Liley	

Mega Maths Heroes	Congratulations to this week's Mega Maths Heroes! You can admire their marvellous maths learning in their class folder. These are displayed in the school entrance – enjoy looking at them!
Class I	Frankie Ashworth
Class 2	Lily Roberts-Procter
Class 3	Alistair Kingshott
Class 4	Daniel McFall

This week's team	Congratulations to all the children in Crag!				
points	Crag	Hutton I 029	Senset 1074	Washington 1073	

EARTH AWARDS

Congratulations to this week's Earth Award winners:
Owen Price, Cameron Slaughter, Evan Price, Amelie Fairclough, Jake
Bagguley, Louie Taylor, Sam Price, Lily Roberts-Procter, Percy Langman,
Lily Smith, Jessica Richards, Freddie Whittam, Olivia Andrew, Thomas
Hizzard, Ruby Adamson, Faith Hamling, Georgia Darwell, Michael
Reeves, Ollie Dodds, Dylan Armstrong, Steven Rawclifffe, Joseph
Henderson, Lola McVety, Grace Cook, Jenna Simmonds, William
Hamling and Oscar Langman.



VENUS AWARDS

Congratulations to this week's Venus Award winner:
Natalia Noon

CHRISTMAS UPDATE!

The last delivery from the CHRISTMAS POSTBOX will be on Friday 20th December in the morning so post your cards before 9.00am on FRIDAY. Remember to write both the name AND class of the child you are sending the card to on the envelope.

The children (and adults) had a great time watching the pantomime 'Cinderella' at The Dukes on Wednesday. Class 1 were mystified by the man dressed up as a lady with a pineapple on his head! Yesterday, Mr Foster's Musicians shared their termly performance - we were treated to premiere performances of songs composed by children, both individual & group performances by ukulele players, guitarists & pianists and of course some festive favourites! The audience could really appreciate the improvements children are making as musicians. All those children involved received role model. Many thanks to the lovely audience and especially to Mr Foster who does a great job in inspiring children to become and improve as musicians.

Thanks to all involved in organising, running, contributing to and spending money at this afternoon's Christmas Fair to raise funds for Phase 3 of THE BIG I.T. Drive. Our next goal is to replace the existing interactive whiteboards used in classrooms. The total amount of money raised will be announced next week.

This week's 'I'm Gonna Shine' rehearsals have been at Warton Methodist Church – the children are working really hard to make this a stunning performance. The evening performance is completely full, tickets are still available for the afternoon performance at 2pm on Wednesday 18th December. Information will be sent home on Monday about what time and where your children need to be for the evening performance.

Only ONE week of this term left!

CONGRATULATIONS to our new successful Gingerbread House winners! Hackney and Leigh, estate agents in Carnforth held a Gingerbread House competition. Chase Robinson won first prize (below left) and Oscar Parnell won second prize (below right). Here are the boys' winning houses!





Invention Convention

Next Thursday we will be holding our very first Invention Convention.

Children will be working in their four mixed age teams to design, test and review inventions that will address a given challenge. This will be a great opportunity to develop the skills of listening to each other, thinking creatively, problem solving, co-operating and adapting.

Parent Teacher Meetings will be on Thursday 16th January.
You can book your appointment times on the school website from next Monday. Mrs Robinson will send everyone a text on Monday as soon as this system is open. Any new parents who are unsure what to do should contact Mrs Robinson who will offer assistance.

Increase in diarrhoea, flu and vomiting in North West primary schools

This week Public Health England have sent us updated guidance, for both school and parents, about current diarrhoea, flu and vomiting illnesses.

Please read information on pages 4 – 9 of this newsletter.

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Check this academic year's calendar on our website www.archbishophuttons.lancs.sch.uk What's happening this half-term term?				
Monday 16 th December	From today Parent Teacher appointments for Thursday 16 th January can be made using the school website			
Wednesday 18 th December	Two Christmas performances of 'I'm Gonna Shine' will take place at Warton Methodist Church – Matinee performance starts at 2pm and evening performance at 6.30pm			
Friday 20 th December	 ✓ School Council Non-Uniform Day: wear your Christmas Jumper for £I ✓ Christmas Lunch ✓ Christmas parties 			
	School closes for the Christmas holidays at 3.10pm and will re-open at 8.45am on Monday 6 th January 2020			



Protecting and improving the nation's health

PHE North West

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Message to North West schools from Public Health England - Seasonal Influenza (Flu)

09 December 2019

Dear Headteacher

Across the North West we have been seeing increasing numbers of schools reporting flu-like illness in staff and students and we now have an increase in confirmed influenza cases in the community.

Flu symptoms come on very quickly and can include:

- •a sudden fever a temperature of 38C or above
- ·an aching body
- ·feeling tired or exhausted
- ·a dry cough
- ·a sore throat
- ·a headache
- difficulty sleeping
- ·loss of appetite
- diarrhoea or tummy pain
- feeling sick and being sick

For most healthy people flu is an unpleasant but self-limiting illness. However, some people can be more at risk of developing severe illness or complications including the following groups:

- · those aged 65 years or over
- · pregnant women
- those with a long-term medical condition for example, diabetes or a heart, lung, kidney or neurological disease
- those with a weakened immune system for example, because of chemotherapy or HIV

Advice on managing increased levels of illness

The most important steps in controlling increased levels of winter illnesses are: -

Excluding students and staff who are unwell

Please advise staff and students that anyone affected by flu-like illness should stay off school until they have recovered, are free of symptoms and have not had a fever for at least 24 hours. This is in order to reduce the spread of infection.

Advise staff or students who are in an "at risk" group, to seek prompt medical assessment via NHS 111, by a GP or a nurse who will be able to provide further advice.

Adults and children who are affected by diarrhoea and vomiting should stay off school until at least 48 hours after they last had diarrhoea or vomiting.

Encouraging good hand hygiene

Hand-washing is an effective way to stop infections spreading.

Please ensure that all students and staff frequently wash their hands with warm water and soap, particularly after using the toilet, after using a tissue to catch a cough or sneeze, and before eating.

Good hand washing is also important to reduce the risk to others.

Cleaning the environment

In addition to making sure that any vomit or diarrhoea on school premises is promptly cleaned up according to your usual protocols, increasing general cleaning of the school environment can also help to reduce the spread of winter illnesses.

For example, you may wish to ensure that there is twice-daily cleaning of areas (with particularly attention to door handles, toilet flushes and taps) and communal areas where surfaces can easily become contaminated (such as handrails).

https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/chapter-6-cleaning-the-environment

Closure of schools

We do not routinely advise that schools close when there are increased levels of flu-like illness. Closing schools does not usually provide any protection against catching these illnesses, as there are likely to be high levels of the same illness circulating in the community. Students and staff will still be at risk of catching the illness whether or not they are at school.

Schools may choose to close for business continuity / staffing reasons or to facilitate cleaning of premises; this will be at the discretion of the school management team. However, there is no need for a school to remain closed for public health reasons.

Flu vaccination

The flu vaccination is the best form of protection that we have against influenza (flu). There are several strains of flu and even if there has been illness at school, the vaccine may offer further protection against other strains of flu.

Parents /guardians should be encouraged to have their children vaccinated through the school-based immunisation programme and to attend mop-up clinics if they miss scheduled sessions due to illness.

Toddlers aged two and three, children and adults who are in risk groups for flu (including those aged 65 years and over, pregnant women, people with long term medical conditions or weakened immune systems) should attend their GP or pharmacy for vaccination as soon as possible if they have not already been vaccinated.

The information leaflet below can be shared with students, parents/guardians and staff if schools are concerned about increased absences as a result of flu/ flu-like illness.

Further information is available at https://www.nhs.uk/conditions/flu/.

Yours faithfully

Dr John Astbury

Head of Health Protection - Cumbria & Lancashire

Public Health England

FLU-LIKE ILLNESS IN SCHOOLS INFORMATION FOR PUPILS, PARENTS AND STAFF

General hygiene

The spread of most infectious illnesses is reduced through good hand hygiene. Please ensure that you and your child wash your hands frequently with warm water and soap, particularly after using the toilet, after using a tissue to catch a cough or sneeze, and before eating.

Influenza (Flu)

Flu and flu-like viruses spread easily between people from coughs and sneezes. They can live on hands and surfaces for up to 24 hours. Symptoms of flu may develop quickly and can include:

- · Sudden fever
- · Dry, chesty cough
- Sore throat
- Aching body
- Headache
- Tiredness
- · Diarrhoea or tummy pain
- Nausea

For most healthy people flu is an unpleasant but self-limiting illness. However, some people can be more at risk of developing severe illness or complications including the following groups:

- those aged 65 years or over
- pregnant women
- those with a long-term medical condition for example, diabetes or a heart, lung, kidney or neurological disease
- \bullet those with a weakened immune system for example, because of chemotherapy or HIV

If you or your child are in an at-risk group AND develop symptoms of flu, please seek prompt medical assessment via NHS 111, by a GP or a nurse who will be able to provide further advice.

If you or your child are not in an at-risk group but develop flu like illness and are concerned about your symptoms, please consult NHS 111, your GP or nurse in the normal way.



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@PHE_NorthWest

10 December 2019

For attention of:

Directors of Public Health (Cumbria and Lancashire)

Dear Colleague

Re: Increase in diarrhoea and vomiting in school aged children

We are currently experiencing increased reporting of diarrhoea and vomiting in school aged children consistent with viral gastroenteritis. This is often caused by Norovirus, a frequent cause of vomiting and diarrhoea in the community during the winter.

The most common symptom of Norovirus is vomiting. Diarrhoea tends to be short-lived and less severe than with other causes of gastroenteritis. Other symptoms include nausea, abdominal cramps, headache, muscle aches, chills and fever. The illness is usually self-limiting in nature and gets better without antibiotics, which are not appropriate for viral illnesses. Symptoms usually last between one and three days.

Those reporting diarrhoea and vomiting should exclude themselves from school until 48 hours after the vomiting and/or diarrhoea have stopped. This is an important control measure which aims to limit the spread of this infection to others. Any decision to close a school is the responsibility of the school involved. The judgement and decision whether the educational institution should be closed or not depends on the capacity and capability of the school to continue delivering education safely to their pupils.

The following resources are available for schools and other childcare facilities to use when responding to increased activity of diarrhoea and vomiting.

Public Health England: Health protection in schools and other childcare facilities https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities

e-Bug

e-Bug is a Public Health England resource developed for schools to teach children about microbes, infection, and how to prevent their spread. This resource includes ready to use lesson plans which are aligned with the national curriculum.

https://www.e-bug.eu/

Yours sincerely

Dr John Astbury

Head of Health Protection

PHE North West - Cumbria and Lancashire