



Key Learning in PSHE: Years 3 and 4

Understanding Self and Others	Working With Others	Speaking and Listening	Negotiation	Compassion and Empathy	Body Language - Verbal and Non-Verbal
<ul style="list-style-type: none"> Recognise their own likes / dislikes, traits and individual preferences. Recognise other people's likes / dislikes, traits and preferences. 	<ul style="list-style-type: none"> Demonstrate that they can work in a pair and a small group. 	<ul style="list-style-type: none"> Demonstrate active listening skills. Speak in front of others. 	<ul style="list-style-type: none"> Negotiate in small groups. Coming to a 'consensus'. 	<ul style="list-style-type: none"> Demonstrate compassion, empathy and tolerance. 	<ul style="list-style-type: none"> Recognise simple body language. Understand verbal and non-verbal communication. Demonstrate speaking and listening skills.
Assertiveness	Making Choices	Risk Taking	Influences	Making Decisions	
<ul style="list-style-type: none"> Understand the skill and can put it into practice. Speak using the assertive 'I'. Know that it is OK to make mistakes. Say 'No' and mean it. Ask for time to think things over. 	<ul style="list-style-type: none"> Understand that they have choices. Identify points of choice. Explore factors which influence choosing. Make more informed choices. 	<ul style="list-style-type: none"> Understand that accidents happen and we don't always have to blame someone but we need to consider what the risks are before we do something. Risk taking can be good when it means trying something new that we might like. 	<ul style="list-style-type: none"> Recognise the influences over choice and decisions, both internal and external. Understand where they can get help if something feels uncomfortable or if someone is trying to influence them in a negative way. 	<ul style="list-style-type: none"> Demonstrate that they know the process for decision making. 	