



Key Learning in PSHE: Years 1 and 2

Understanding Self and Others	Working With Others	Speaking and Listening	Negotiation	Compassion and Empathy	Body Language - Verbal and Non-Verbal
<ul style="list-style-type: none"> Explain their ideas, and responses to an issue. Recognise their feelings. Play with others. 	<ul style="list-style-type: none"> Find a partner, sit with them and work with them. 	<ul style="list-style-type: none"> Demonstrate active listening skills. Ask questions for clarification. 	<ul style="list-style-type: none"> Negotiate with one another. Speak in front of a group. 	<ul style="list-style-type: none"> Demonstrate compassion, empathy and tolerance. 	<ul style="list-style-type: none"> Recognise simple body language. Understand verbal and non-verbal communication.
Assertiveness	Making Choices	Risk Taking	Influences	Making Decisions	
<ul style="list-style-type: none"> Speak using the assertive 'I'. Know that it is OK to make mistakes. Say 'No' and mean 'No'. 	<ul style="list-style-type: none"> Recognise their likes and dislikes. Think about and verbalise what is important to them when making choices. Demonstrate making simple choices. Begin to think about how to make safe choices. 	<ul style="list-style-type: none"> Understand the concept of risk. Know who and how to tell. Begin to recognise how other factors can influence choice. 	<ul style="list-style-type: none"> Begin to understand that sometimes people persuade you to do things you don't want to do. 	<ul style="list-style-type: none"> Demonstrate making simple choices. Begin to think about why they made a particular choice. 	